

Employee & Family Assistance



LifeWorks® is the Employee and Family Assistance Program (EFAP) integrated with Work-Life Services available through your GroupHEALTH Global Plan. It is a full-service, bilingual program that combines confidential counseling and comprehensive work-life services to assist employees and their immediate families with personal problems and concerns.

everybody everyday

Ceridian full-service EFAP includes:

- In-person confidential counseling during the day, evening and on weekends, with no fixed limit on the number of counseling sessions
- Bilingual expert counselors available 24 hours a day, seven days a week via a toll-free number
- Referrals to a network of community resources
- Management and supervisor consultation

Ceridian Work-Life Services include:

- Access to an extensive library of tip sheets, educational articles, DVD's, CD's, audiotapes and booklets that address a wide range of topics
- Referrals to community resources including childcare, eldercare, financial and legal support, and educational resources
- Convenient access to thousands of pages of work-life information on English and French Web sites



connecting with you

1.866.331.6851
www.lifeworks.com